



Skinny Briefs

September 26, 2000

Patrol Director Corner

Thank you for the support. Help from each one of you makes the difference in the success of our Pinecrest Nordic Ski Patrol. A tremendous round of applause to all of the instructors, Nordic Team Leaders and mentors. These are the down in the trenches patrollers, who truly are the unsung heroes.

I feel there are a number of issues and goals that need to be vigorously and continuously pursued by our Patrol.

- We need to strengthen the self sufficiency of our Patrol. In order to accomplish this, leaders and mentors need to come forth and volunteer.
- We need to poll the Patrol's membership early in the season to determine training needs and interest. The poll will help in maximizing participation with all the Region programs. We can then provide to the Patrol's membership training to maximize strengths and alleviate weaknesses.
- Our Patrol must aggressively direct efforts toward recruitment. The patrol has an opportunity to broaden it's patrol activities, such as the Special Olympics and the Ski-with-the-Ranger programs. We have to look beyond the usual methods of recruiting. Expand our horizons by looking for both new ways to build our Patrol and programs of the Patrol.
- The Patrol needs to pursue as many potential fund raisers as possible.(Example: donations, junior college funding program, courses to the public, employer matching donations.) With added revenue, we can provide the needed equipment and materials to deliver programs. We need to continue improving the communication for the entire membership through various avenues such as Newsletters, E-mails and Web page.
- It is important to toot our own horn in terms of our level of professionalism, emphasizing the training and commitment to the NSP organization. This can be in part accomplished by providing programs and classes educating the public to the many programs that our organization has to offer.
- Lastly, each one of us needs to find ways to continue enjoying in what we do and recognizing the merits of our membership. We all deserve at least a simple thank you!

I would appreciate your feedback about to the direction of our Patrol. Let me hear you thoughts.

Patrol Schedule

Sept. 30 - [OEC Refresher](#)
Oct. 21 - Dodge Ridge OTH. 8:00 AM at Dodge Ridge
Oct. 22 - Trail Maintenance Day. Meet at 8:00 AM at Pinecrest Ranger Station
Nov. 11-12 - FWD Tri-Advisory in Yosemite
Nov. 24-26 - First patrol weekend
Jan. 6-7 - Pinecrest "On the Trail" Refresher. Meet at 8:00 AM at Pinecrest Ranger Station.
Jan. 20 - "Ski With a Ranger"
Feb. 17 - "Ski With a Ranger"
Feb. 24-25 - Special Olympics at Dodge Ridge
Mar. 17 - "Ski With a Ranger"

OEC Refresher 2000

Pinecrest & Lake Alpine Nordic ski patrols

Time: Saturday Sept. 30, 8:45 am to 5 pm.
 Please be prompt. Allow time for parking. Sign-in 8:45-9. Refresher starts at 9 am SHARP.

Registration: Please pre-register by e-mail (donelan@slip.net) or phone (510-549-3911) ASAP. Also please RSVP if you will not be attending our refresher. Our plan for the refresher is based on the number of people we expect. If that changes at the last minute, we have to change the plan, which wastes a lot of instructor time and possibly refresher time.

Place: Piedmont Middle School multi-use room In Piedmont, get on Oakland Avenue going east. From 580 S., it's the Oakland Ave./Harrison St. Exit. From other directions/freeways, check my website for directions: www.slip.net/~donelan/nsp. Go up and down hill, across Grand Avenue (traffic lights), then uphill again to flashing yellow light (Hillside Ave.) Right on Hillside, first cluster of buildings on right is the Piedmont Middle School. Steps going down (look for brass sign on low stone wall), go right, down about 4 more flights of stone stairs till you have a fenced athletic court on your left, and see into a huge room on your right. That's it.

Bring

- Completed studv questions from Summer

(Editors note: you can e-mail Matt by clicking on his name below.)

[Matt Brooks](#)

[NSP Increases Membership Dues](#)

(July 6, 2000) NSP National Board of Directors voted to increase membership dues from \$27 to \$35. The eight dollar increase comes 11 years after the last increase was voted on by the board. The new membership dues, even when added to division, region and the Patrol's dues are considered by most a good buy, considering the benefits.

In the Archives

 Pinecrest Nordic Roster	Updated February 12, 2001
 Pinecrest Duty Schedule	Updated February 14, 2001
Pinecrest Duty Schedule (Browser format)	Updated February 14, 2001
 NSP Patrol Officer Bulletin #00-05	Updated September 26, 2000
 Southern California Nordic Roster	Updated December 07, 2000
Mail List Archives	Updated February 16, 2001
Email Address Book Files	Updated November 30, 1999
Last Skinny Briefs for 1999-2000	Updated April 25, 2000

If you have any trouble accessing the archives, or if you have forgotten your user name and password, please email webmaster@pinecrestnordic.org.

Newsletter Submissions

Newsletter submissions are gratefully accepted. Due to problems reading the myriad file formats that exist I request that submissions be in one of the following:

- Plain text. The body of a standard email is fine.
- HTML. Most newer word processors allow you to save in this format.
- PDF. If you have some formatting that you wish to retain intact.

These formats are the most "standard". Other formats, even within the same program family, often have problems. For example, my version of WordPerfect for the Mac consistently crashes on highly formatted WordPerfect files made on Windows. Neither my Mac or Windows version of MS Word allow import of WordPerfect files. Thus your WordPerfect files may be useless to me. Within the MS Word family of versions I have encountered similar problems. Please stay away from proprietary file formats. Thanks.

Please email your submissions to webmaster@pinecrestnordic.org.

2000 issue of Ski Patrol Magazine.
Collected at door.

- LUNCH: We will go over the open book questions together as we eat lunch. No time to go out.
- OEC card.
- Patrol pack.

Plan

In the morning, we'll have short presentations and basic skills review stations. During the lunch break, instructors will return your open book questions and we will go over them together. Then in the afternoon, you will rotate in teams through realistic scenario stations. Moulage experts and other volunteers from my wilderness first responder program will stage the scenarios in full accident makeup. In order to complete the refresher, you must:

- Turn in the answers to the study questions when you arrive.
- Be checked off in all the basic skills stations.
- Be checked off in all the scenario stations.
- Do a complete patient assessment in at least one scenario.
- Turn in your refresher record to me at the end of the day.

Steve Donelan Emergency Care Officer
e-mail: donelan@slip.net
Phone: (510) 549-3911

Patrol Meeting Following OEC Refresher

The Patrol will be having its Fall Meeting at 4:30 PM, after the OEC Refresher, in the Piedmont School room where the OEC Refresher is held. (We may have to relocate down the street to the local bar.)

The meeting is expected to end at 5:30 PM (Except for those that stay at the bar).

This Meeting is mandatory for all Members, including our Candidates and Alumni. (Don't forget to sent your bring your Dues, as the Dues are late after this Fall Meeting.)

The Agenda for the Fall Meeting is:
Fall Patrol Meeting - Pinecrest Nordic Ski Patrol
Introduction and Recent Events / News (Matt Brooks);
Financial Report (Dave Lawn),
Training Activities (Steve Barr & Tod Fitch)
Season Nordic Team Leaders and Schedule Registrations
Old Business
New Business

Close of Meeting - 5:30 PM

Advanced (Level II) Avalanche Course

An Advanced ("Level II") Avalanche Course being offered this coming season in the Lake Tahoe area. The Course, which is offered only every two years, still spaces in the Course, but it is already about half full.

The dates are the Course's two weekends are the first weekends of both February and March (2/3-4 and 3/3-4/01) in the Lake Tahoe area.

The <http://www.farwest.org/avalanche.asp> site has more information along with the Course's Information Flyer / Application.

Interested Patrollers should complete the Course Application and sent in the enrollment fee ASAP.

Additionally, there will be avalanche Instructor training (Phase II/Global and Intern teaching), if there is a demand for this. (Looks like there will be the demand, as almost everyone is also applying for this Course.)